

Organizing committee

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Dr. RP Swaminathan MD
Senior Professor of Medicine
Dean Academic

Organizing Secretary
Dr. VS Negi MD, DM

Chairperson Scientific Committee
Dr. (Lt.General) Ved Chaturvedi MD, DM

Treasurer
Dr. Molly Thabah MD



Second Announcement



Puducherry, 5th to 8th December

35th Annual Conference of Indian Rheumatology Association

5th - 8th December 2019 | Venue: JIPMER CAMPUS | Puducherry, INDIA

State of
the Art
Workshops

IRA
Refresher
Course

IRA Pediatric
rheumatology
symposium

Key Note
addresses

Scientific
sessions
to enhance
patient care
experience

Extensive
networking
opportunities

Stakeholders'
meetings-
including Special
interest group
meetings

Physician-
Patient
interaction
Programme

ACR-EULAR-
APLAR
Symposium

...time for holistic and integrated patient care

IRA Refresher course : 5th December, 2019 (Thursday)

Main Conference : 6th - 8th December, 2019

ACR-EULAR-APLAR Symposium : 8th December, 2019

Workshops : 3rd -7th December, 2019

IRACON 2019 - Time for holistic and integrated patient care

The 35th annual meeting of the **IRACON** will be held in the southern coastal Union territory of Puducherry from December 5-8, 2019.

Rheumatology in India has grown in leaps and bounds during the past decade. Advances in research propelled by advancing computing power has improved our understanding of the immune aberrancies manifold. Artificial intelligence is immensely changing our daily lives and its integration into the management of patients suffering from rheumatic diseases is inevitable.

Rheumatology is a unique specialty, that helps us deal with patients with chronic conditions often requiring long-term care and follow up. Though there are numerous ways to monitor treatment and attain remission, we have all met that patient who does not feel well despite meeting all the standard parameters of disease remission. Although these criteria and definitions are good and necessary, a mere attainment of the statistically designated numerical value does not always mean good health. It is thus essential to see the patient as a whole and provide holistic care rather than a mere disease-free state. This can only be made possible by integrating art, science, technology, clinical expertise and carefully shifting the care to 'individual centric' instead of the traditional 'disease centric' approach.

At the **IRACON 2019** we have carefully assembled various aspects of patient care ranging from the psycho-socio-sexual aspects, to cutting edge research in rheumatology and to its financial, ethical and capacity building aspects.

On behalf of the Indian Rheumatology Association we welcome you to the serene and exotic town of Puducherry where time slows down and the mind and soul rejuvenate with a repertoire of academic deliberations that will provide the roadmap to patient focused, patient centric and patient directed holistic care.

Please save the dates for a holistic blend of scientific, cultural and spiritual experience.

For more details, please contact:

Conference secretariat

Department of Clinical Immunology,
4th Floor, Superspeciality Block
JIPMER, Puducherry.

Phone: **91 413 2297353**; Mobile: **+919443086654**

Email: **iracon2019@gmail.com**

Workshops

Conference Workshops

- 1 Intermediate course on musculoskeletal and vascular ultrasound
- 2 Advanced imaging in arthritis
- 3 Research methodology
- 4 Autoantibody workshop
- 5 Ethics and legal issues in Rheumatology
- 6 Physician patient interaction workshop
- 7 Cardiovascular risk assessment in Rheumatic diseases
- 8 GRAPPA workshop
- 9 Psychosocial evaluation & intervention in Rheumatology
- 10 Rehabilitation in Rheumatic diseases
- 11 Assessment of activity and damage in Vasculitis
- 12 Procedural Skills in Rheumatology
- 13 Primer on Genetics for Rheumatologists
- 14 Establishing Rheumatology services in India



IRA Refresher course (pre-conference CME)

Date: December 5, 2019

Time: 8:30 AM to 5:00 PM

With introduction of newer technologies and rapid pace of translational research, it has become important to stay abreast of the latest developments in Rheumatology in order to provide the best care to patients.

It is often difficult to devote adequate time to keep track of the new developments in this ever-evolving field due to the busy schedules and responsibilities that come with the practice of Rheumatology.

The preconference Refresher course introduced for the very first time in IRACON 2019 is designed to give all the enthusiastic 'young' and 'young at heart' rheumatologists a 'pulse dose' of information on the very new cutting edge developments in rheumatology.

All the concepts discussed in this one-day program will be standalone topics that will bring to participants the latest developments from all over the globe, with the likelihood of being implemented into clinical practice in near future.

We have taken great care in choosing the topics that will equip you with the knowledge to positively impact patient care and provide new ideas for research.

The ACR-EULAR-APLAR Symposium

Date: December 8, 2019

Time: 10:00AM to 1:00 PM

Global collaborations often lead to unprecedented developments and progress in health care, education and research. Rheumatologists in India are a close-knit community though a few collaborations with other countries have taken place in recent years. In the **IRACON 2019** we intend to take this to a new level with a unique structured program, the 'ACR-EULAR-APLAR Symposium' which will be held on the final day of the conference.

This session will be the first of its kind in the history of **IRACON**, where leaders from the world's three largest Rheumatology forums, the ACR, EULAR and APLAR, including their presidents will provide insight into opportunities in the field of rheumatology and how collaborations can be made to plan cutting edge research in diverse aspects of rheumatology. This symposium will enable the delegates to understand the way rheumatology practice differs across continents and direction for better collaboration across continents.

Make the best use of **IRACON 2019** by attending the conference and ensure you don't miss out on this first of its kind event in the field of Rheumatology!

AMERICAN COLLEGE
of RHEUMATOLOGY
Empowering Rheumatology Professionals

Dr. Sharad Lakhanpal
(ACR)

Dr. David Karp
(ACR)

eular

Prof. Johannes W.J. Bijlsma
(EULAR)

Prof. Iain McInnes
(EULAR)



Dr. Syed Atiqul Haq
(APLAR)

Dr. Kevin Pile
(APLAR)



Registration

Category	Regular (Up to 31 st August 19)	Late (Up to 31 st October 2019)	From 1 st November 2019 & Spot Registrations
IRA member	₹8000/-	₹10000/-	₹12000/-
Non-member	₹9000/-	₹12000/-	₹15000/-
PG Student	₹5000/-	₹7000/-	₹9000/-
Accompanying person	₹7000/-	₹10000/-	₹10000/-
Overseas (NonSAARC Countries)	USD 250/-	USD 300/-	USD 400/-
SAARC Countries	USD 150/-	USD 200/-	USD 300/-
Corporate	₹11000/-	₹14000/-	₹17000/-

- GST: 18% over and above the registration fee
- Convenience Fee of additional 3.57% for online payment

Registration Fee Includes:

- Delegate Conference Kit
- Full Access to all scientific sessions
- Access to the Exhibition Area
- Lunch on the conference days, inaugural dinner, gala dinner

Registration Fee does not include:

- Workshop Registration
- Travel to and from Puducherry
- Accommodation

The process of Registration

1. All registrations are to be done online. Log on to www.iracon2019.com for registration and online payment
2. Online registration is a must even if you choose to pay offline by NEFT transfer

Bank Details

Account Name : IRACON 2019

Account No : 38027549889

IFSC Code : SBIN0002238

SBI JIPMER Branch
Dhanvantari Nagar
Puducherry 605006

Abstracts

Abstract submissions are now open.
Log on to www.iracon2019.com to submit your abstracts now.

Abstracts should be structured, 300 words (excluding title, authors list and affiliation). Further details on submission guidelines are available at the website.

Abstracts can be submitted without prior registration, however registration for the conference is mandatory for presentation of the abstract.

Submission deadline is **31st August 2019**



Overseas Faculty

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- 1 Dr. LoïcGuillevin (France)
 - 2 Dr. Justin Mason (UK)
 - 3 Dr. Bhaskar Dasgupta (UK)
 - 4 Dr. Nigil Haroon (Canada)
 - 5 Dr. Vinod Chandran (Canada)
 - 6 Dr. Nazrul Islam (Bangladesh)
 - 7 Dr. David Klatzman (France)
 - 8 Dr. Malini Raghavan (USA)
 - 9 Dr. Reinholdt E Schmidt (Germany)
 - 10 Dr. Kevin Pile (Australia)
 - 11 Dr. Matthew A Brown (Australia)
 - 12 Dr. Srinivas Kaveri (France)
 - 13 Dr. George Kitas (UK)
 - 14 Dr.Tsutomu Takeuchi (Japan)
 - 15 Dr. Robert Moots (UK)
 - 16 Dr. Kanta Kumar (UK)
 - 17 Dr. Catherine Hill (Australia)
 - 18 Dr. Ramakrishnan (Ireland)
 - 19 Dr. Kaushik Sanyal (UK)
 - 20 Representatives from ACR
 - 21 Representatives from EULAR
 - 22 Representatives from APLAR

Travel to Puducherry

The best way to reach Puducherry is to arrive at Chennai. If arriving by flight or train, you can take a taxi to Pondicherry. The highway is excellent and travel time depends on the traffic conditions and ranges between 2½ to 3 hours. The taxi fare is approximately Rs 3000 (one way).

Puducherry is also connected by air to Bengaluru and Hyderabad. There are daily flights connecting Puducherry to Bengaluru and Hyderabad operated by Spice Jet. (These are refundable as permitted by Govt. of India as no Air India flight operates in these sectors).

In addition, there are direct trains connecting Puducherry to some major Indian cities of India, e.g. Bengaluru, Mangaluru, Calicut, Hubli, Bhubaneswar and New Delhi. The other major railway station of Villupuram with wide network of short and long distance trains is about 40 km from Pondicherry, and well connected by road.

Stay at Puducherry

Being a popular tourist destination, there are many options for stay at Puducherry. You can choose from star hotels and famous resorts to budget hotels and guest houses. Stay at simple yet elegant guest houses of the Aurobindo Ashram is always a memorable experience for the tourists. The delegates can also choose to stay in the guest houses of the world famous Auroville international township located approximately 10 kilometers from the conference venue. The hotels/resorts/guest houses can be booked through any of the online webportals.

Weather during the conference

From December to February the weather in Puducherry is pleasant, the mornings and evenings are cool with temperatures are between 20 to 28 degrees centigrade. Being located on the eastern coast of India, the city also receives the returning monsoon rainfall from November to January.



IRA Orations and Awards

The Indian Rheumatology Association has instituted many orations and awards to recognise the outstanding contribution of its members towards rheumatology. The following awards and orations will be conferred to the selected members during IRACON 2019 at JIPMER, Puducherry.

- 1 IRA Oration
- 2 IRA Young Rheumatologist Oration
- 3 KOLKON Oration For Community Service
- 4 Dr. MN Passey Award for Distinguished Services
- 5 IRA Best Paper Awards
- 6 IRA Travel Bursaries (10 numbers)

The details of the awards and the application/nomination procedure can be accessed at http://www.iracon2019.com/award_oration.php.

Applications to be sent to: secretary.ira@gmail.com

Last date for submission: **15th August 2019**

ARTHRITIS
se **aaraam**

Relief
has many
names

HCQS[®]
Hydroxychloroquine

MMF
Mycophenolate salt

Folitrax[®]
Methotrexate

AZR
Azathioprine

Saaz[®]
Sulfasalazine

Tacva
Tacrolimus

Lefno[®]
Leflunomide

Adalipca
Adalimumab

APRAIZE
Apremilast

Rituxipca
Rituximab

Etova[®]
Etodolac

Terifort
Teriparatide

